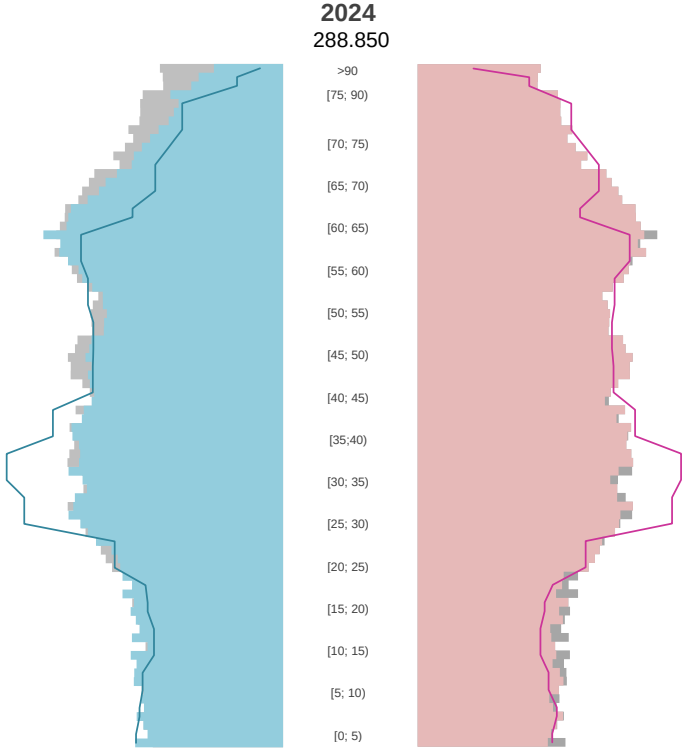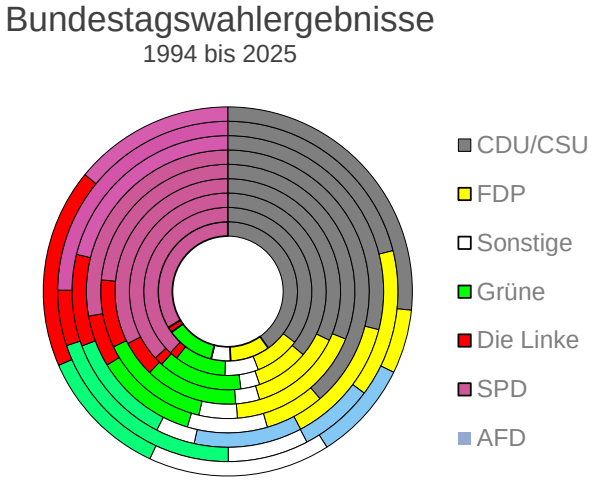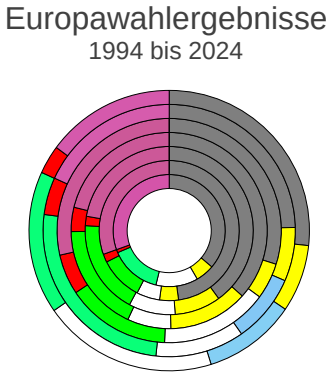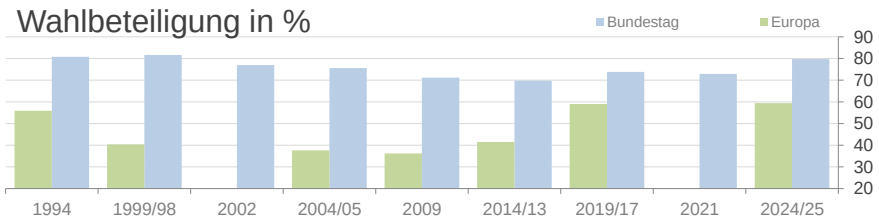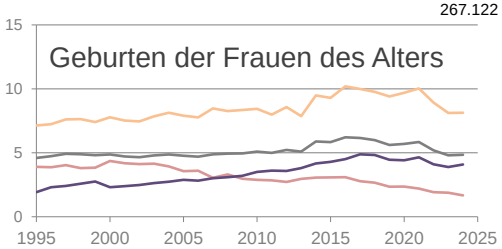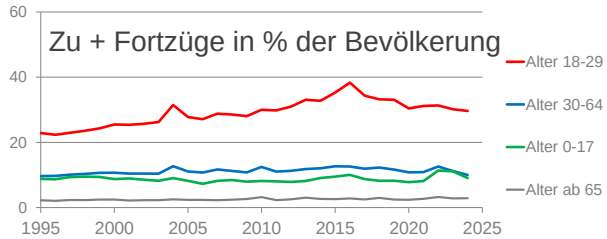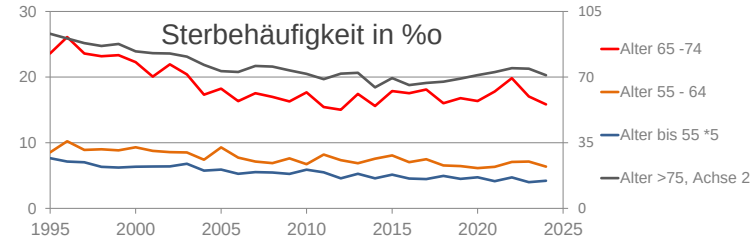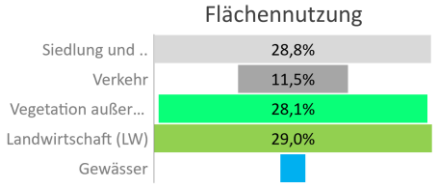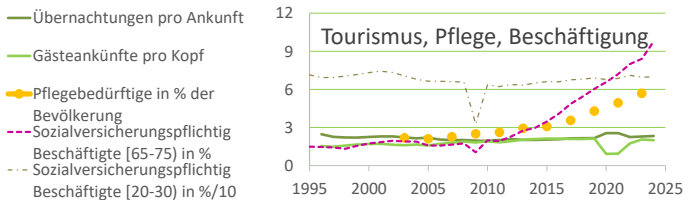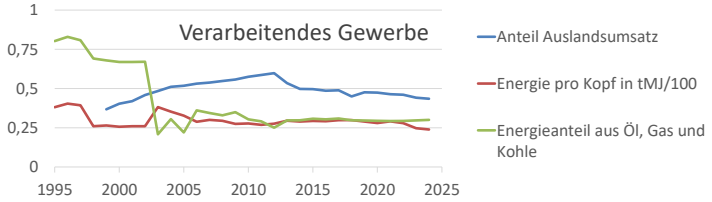Wiesbaden, Landeshauptstadt, kreisfreie Stadt